



Canadian Federation of University Women  
ONTARIO COUNCIL



# Poverty Resource List

Prepared by CFUW Orangeville

May 2016

## Poverty Reference List

### Background:

CFUW Orangeville and District is hosting the CFUW Ontario Council Annual General Meeting and Conference in May 2016. The theme of the Conference is “Building Bridges – Creating Connections”. One of the main topics is Poverty Reduction. A subtheme of Allyship has evolved as a way to build bridges and create connections. Allyship supports the concept of allying with those living in poverty through education and ally strategies.

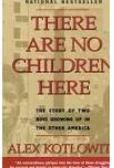
### Purpose:

This reading list is meant to supplement the conference material and enable self-education as a way to begin the process of Allyship.

### Books:

Title	Author	Description	Link
<b>Reference Books</b>			
A Framework for Understanding Poverty: A Cognitive Approach	Ruby K. Payne	This revised, updated, and expanded 5 <sup>th</sup> edition of Framework: A Cognitive Approach features an enhanced chapter on instruction and achievement; greater emphasis on the thinking, communication, and learning patterns involved in breaking out of poverty; plentiful citations, case studies, and data; more detailed findings about interventions, resources, and causes of poverty; and a review of the outlook for people in poverty—and those who work with them.	<a href="http://www.ahaprocess.com/store/a-framework-for-understanding-poverty-book-5th-ed/">http://www.ahaprocess.com/store/a-framework-for-understanding-poverty-book-5th-ed/</a>
Becoming an Ally: Breaking the Cycle of Oppression in People	Ann Bishop	The book examines history, economic and political structures, and individual psychology looking for the roots of discrimination. It lays out guidelines for becoming allies of oppressed peoples when we are in the role of oppressor.	<a href="http://www.becominganally.ca/Becoming-an-Ally/Books.html">http://www.becominganally.ca/Becoming-an-Ally/Books.html</a>
Poor-Bashing: The Politics of Exclusion	Jean Swanson	The special language of poor-bashing disguises the real causes of poverty, hurts and excludes people who are poor, cheapens the labour of people who have jobs, and takes the pressure off the rich.	<a href="https://www.amazon.ca/Poor-Bashing-Politics-Exclusion-Jean-Swanson/dp/189635744X">https://www.amazon.ca/Poor-Bashing-Politics-Exclusion-Jean-Swanson/dp/189635744X</a>
<b>Personal and Community Development</b>			
Becoming Human	Jean Vanier	In this provocative book, Vanier shares his profoundly human vision for creating a common good that radically changes our communities, our relationships, and ourselves. He proposes that by opening ourselves to outsiders, those we perceive as weak, different, or inferior, we can	<a href="https://www.amazon.ca/Becoming-Human-Jean-Vanier/dp/0809145871">https://www.amazon.ca/Becoming-Human-Jean-Vanier/dp/0809145871</a>

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		achieve true personal and societal freedom. Becoming Human is not only a book of extraordinary ideas, but a revolutionary call to action.	
Community and Growth	Jean Vanier	“One of the marvelous things about community is that it enables us to welcome and help people in a way we couldn’t as individuals. When we pool our strength and share the work and responsibility, we can welcome many people, even those in deep distress, and perhaps help them find self-confidence and inner healing.”	<a href="http://www.amazon.com/Community-Growth-Jean-Vanier/dp/0809131358">http://www.amazon.com/Community-Growth-Jean-Vanier/dp/0809131358</a>
The Abundant Community	John McKnight and Peter Block	Each neighborhood has people with the gifts and talents needed to provide for our prosperity and peace of mind — this book offers practical ways to discover them.	<a href="http://www.abundantcommunity.com/home/book.html">http://www.abundantcommunity.com/home/book.html</a>
<b>Fiction</b>			
Ragged Company	Richard Wagamese	Richard Wagamese deftly explores the nature of the comforts these [4 homeless] friends find in their ideas of “home,” as he reconnects them to their histories.	
There Are No Children Here: The Story of Two Boys Growing Up in the Other America	Alex Kotlowitz	Kotlowitz’s 1991 book about two young men growing up in the Chicago projects is a modern classic of the genre.	

## Articles and Websites:

Name	Description	Link
<b>Websites and Online Courses</b>		
Allyship	The Anti Oppression Network website	<a href="https://theantioppressionnetwork.wordpress.com/allyship/">https://theantioppressionnetwork.wordpress.com/allyship/</a>
Circles™ Ending Poverty in the County of Lambton	Circles™ is a supportive, intentional, reciprocal, befriending relationship comprised of a Circle Leader, a family working to get out of poverty, and two to four community Allies, middle class people who are willing to befriend the family and support their way out of poverty. Lambton’s Circles™ initiatives was launched in January of 2009 making Sarnia Lambton the first site in Canada to implement a Circles™ initiative.	<a href="http://www.lambtoncircles.com/">http://www.lambtoncircles.com/</a>

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Canada Without Poverty	Website with a resource section	<a href="http://www.cwp-csp.ca/">http://www.cwp-csp.ca/</a>
Maytree – Making Change Happen	Website with Training and Policy and Insights Resources. Includes a Publications list related to Poverty and Human Rights	<a href="http://maytree.com/">http://maytree.com/</a>
Putting Poverty in the ‘Rights’ Place: An Intro to Economic & Social Rights in Canada and BC!	Two-week online economic and social rights course. Next course is <b>Tues, May 24 -&gt; Tues, June 7</b>	<a href="http://www.cwp-csp.ca/2016/04/sign-up-now-for-cwps-economic-and-social-rights-course/">http://www.cwp-csp.ca/2016/04/sign-up-now-for-cwps-economic-and-social-rights-course/</a>
<b>Reference Articles</b>		
Dignity for All: A National Anti-Poverty Plan for Canada	Canada Without Poverty and Citizens for Public Justice, Co-leads	<a href="http://ywcacanada.ca/data/research_docs/00000351.pdf">http://ywcacanada.ca/data/research_docs/00000351.pdf</a>
Human Rights and Poverty Reduction Strategies – A guide to International Human Rights Law and its Domestic Application in Poverty Reduction Strategies	Canada Without Poverty 2015	<a href="http://www.cwp-csp.ca/wp-content/uploads/2015/05/FINAL-Human-Rights-Guide-August-2015.pdf">http://www.cwp-csp.ca/wp-content/uploads/2015/05/FINAL-Human-Rights-Guide-August-2015.pdf</a>
Million Dollar Murray	Malcolm Gladwell posted Feb 13, 2006 in the New Yorker	<a href="http://gladwell.com/million-dollar-murray/">http://gladwell.com/million-dollar-murray/</a>
Poverty, Income Equality and Health in Canada	The CSJ Foundation for Research and Education. 2002. Dr. Dennis Raphael, School of Health Policy and Management York University	<a href="http://www.povertyandhumanrights.org/docs/incomeHealth.pdf">http://www.povertyandhumanrights.org/docs/incomeHealth.pdf</a>
The Right to an Adequate Standard of Living in Hamilton – Update to the 2006 report	Hamilton’s Submission to the UN Dec, 2015	<a href="http://hamiltonpoverty.ca/wp-content/uploads/2016/01/UNCESCR-report-2016-final-25jan2016-2.pdf">http://hamiltonpoverty.ca/wp-content/uploads/2016/01/UNCESCR-report-2016-final-25jan2016-2.pdf</a>
<b>Articles</b>		
Canadian City Once Eliminated Poverty And Nearly Everyone Forgot About It	Zi-Ann Lum posted on Dec 23, 2014 in the Huffington Post	<a href="http://www.huffingtonpost.ca/2014/12/23/mincome-in-dauphin-manitoba_n_6335682.html">http://www.huffingtonpost.ca/2014/12/23/mincome-in-dauphin-manitoba_n_6335682.html</a>
Infographic: Canadian Women in Poverty	The Homeless Hub – Research Matters Finding solutions to Homelessness	<a href="http://homelesshub.ca/blog/infographic-canadian-women-poverty">http://homelesshub.ca/blog/infographic-canadian-women-poverty</a>
It’s Time for Evidence Based Social Assistance (Bill 185)	Craig Foye and Tom Cooper of the Hamilton Spectator April 12, 2016	<a href="http://www.thespec.com/opinion-story/6482680-it-s-time-for-evidence-based-social-assistance/">http://www.thespec.com/opinion-story/6482680-it-s-time-for-evidence-based-social-assistance/</a>

## Videos:

Name	Description	Link
The #Global POV Project “Who is Dependent on Welfare”	Thought provoking video presented by Ananya Roy a professor at Berkley	<a href="http://www.bing.com/videos/search?q=income+inequality+corporate+welfare+animated&amp;&amp;view=detail&amp;mid=0972CE34ACD6D16190B30972CE34ACD6D16190B3&amp;FORM=VRDGAR">http://www.bing.com/videos/search?q=income+inequality+corporate+welfare+animated&amp;&amp;view=detail&amp;mid=0972CE34ACD6D16190B30972CE34ACD6D16190B3&amp;FORM=VRDGAR</a>
The Outcomes of a Three Year Basic Income Experiment in Dauphin, MB in the 1970s	Dr. Evelyn Forget’s CIHR funded research on how a basic income improves health and saves costs.	<a href="https://www.bing.com/videos/search?q=guaranteed+income+experiment&amp;&amp;view=detail&amp;mid=6511ED6AA59B9048DF176511ED6AA59B9048DF17&amp;FORM=VRDGAR">https://www.bing.com/videos/search?q=guaranteed+income+experiment&amp;&amp;view=detail&amp;mid=6511ED6AA59B9048DF176511ED6AA59B9048DF17&amp;FORM=VRDGAR</a>

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Poor No More	Canadian Documentary by Mary Welsh highlights some of the real challenges faced by people in poverty and exposes the system and how it perpetuates poverty. Dec 12, 2013	<a href="https://www.youtube.com/watch?v=RQ1ypJ2erpw">https://www.youtube.com/watch?v=RQ1ypJ2erpw</a>
Wealth Inequality in Canada	A landmark survey commissioned by the Broadbent Institute finds that Canadians vastly underestimate the wealth gap in Canada and want a much more balanced distribution.	<a href="https://www.youtube.com/watch?v=zBkBiv5ZD7s&amp;feature=youtu.be">https://www.youtube.com/watch?v=zBkBiv5ZD7s&amp;feature=youtu.be</a>

## Movies:

The Lady in the Van	2016	This film tells the true story of the relationship between Alan Bennett and the singular Miss Shepherd, a woman of uncertain origins who 'temporarily' parked her van in Bennett's London driveway and proceeded to live there for 15 years.	
The Pursuit of Happyness	2006	A film portraying the struggles of Chris Gardner, played by Will Smith, after becoming homeless due to a bad investment of his life savings. The movie breaks the stereotypical idea that homeless individuals suffer through poverty because they are just plain lazy.	
The Saint of Fort Washington	1996	Matthew, a young schizophrenic, finds himself out on the street when a slumlord tears down his apartment building. Soon, he finds himself in even more dire straits, when he is threatened by Little Leroy, a thug who is one of the tough denizens of the Fort Washington Shelter for Men. He reaches out to Jerry, a streetwise combat veteran, who takes Matthew under his wing as a son. The relationship between these two men grows as they attempt to conquer the numbing isolation of homelessness.	